

# January Memory Care

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>HAPPY NEW YEARS!!</b> 1 10am-Sit and Be Fit(S,P) 11am-Daily Bread(Cog,R,S) 2pm-Ball Toss(S,P) 4pm-Comedy Shows
2 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-COLOR SHEET(Cog,S,I)	3 8am-Exercise with KIM(P,S) 9am- Daily Bread/History(Cog,R,S) 3:00pm-Ball Toss (Cog,S,I)	4 8am-Color Sheets(Cr,S,Cog) 9am-Daily Bread/History(Cog,S,I) 300pm-Craft(S,Cog,I)	5 8am-Coffee and Conversation(Cog,S,I) 9am-Daily Bread/History(Cog,R,S) 300pm-Movie Day(S,Cog)	6 8am-Exercise with KIM(S,P) 9am-Daily Bread/History(Cog,R,S) 300pm-Lets Stretch(Cog,S,I)	7 8am-Color Sheets(Cr,S,Cog) 9am-Daily Bread/History(Cog,R,S) 300pm-Music Time(Cog,S,I) 6pm-T.v. Time(Cog,S,I)	8 10am-Walking Club(S,P) 11am-Daily Bread(Cog,S,R) 2pm-Craft(S,I,Cog) 4pm-Comedy Shows
9 10a- Worship(S,R) 1p- Church Service(S,R,Cog) 2p- COLOR SHEET(Cog,S,I)	10 8am-Exercise with KIM(P,S) 9am- Daily Bread/History(Cog,R,S) 3:00pm-Ball Toss (Cog,S,I)	11 8am- Color Sheets(S,Cog,I) 9am- Daily Bread/History(Cog,R,S) 300pm- Craft(s,cog,I)	12 8a-Coffee and Conversation(Cog,S,I) 9am- Daily Bread/History(Cog,R,S,P) 300pm- Movie Day(S,Cog)	13 8am-Exercise with KIM(S,P) 9am- Daily Bread/History(Cog,R,S) 300p- Lets Stretch(Cog,S,I)	14 8a- Ball Toss(S,Cog) 9a- Daily Bread/History(Cog,R,S) 300p-Music Time (Cog,S,I) 6pm-T.v. Time(Cog,S,I)	15 10a-Color(Cr,S,Cog) 11a- Daily Bread(Cog,R,S) 2pm- Ball Toss(S,P) 4pm-Comedy Shows
16 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-COLOR SHEET(Cog,S,I)	17 8am-Exercise with KIM(P,S) 9am- Daily Bread/History(Cog,R,S) 300pm-Ball Toss (Cog,S,I)	18 8am-Color Sheets(S,Cog,I) 9am-Daily Bread/History(Cog,R,S) 300pm-Craft(S,Cog,I)	19 8am-Coffee and Conversation(Cog,S,I) 9am-Daily Bread/History(Cog,R,S) 300pm-Movie Day(S,Cog)	20 8am-Exercise with KIM(S,P) 9am-Daily Bread/History(Cog,R,S) 300pm-Lets Stretch(Cog,S,I)	21 8-Color Sheets(Cr,S,Cog) 9am-Daily Bread/History(Cog,R,S) 300pm-Music Time(Cog,S,I) 6pm-T.v.Time(Cog,S,I)	22 10am-Sit and Be Fit(S,P) 11am-Daily Bread(Cog,R,S) 2pm-Craft(S,Cog,I) 4pm-Comedy Shows
23 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-COLOR SHEET(Cog,S,I)	24 8am-Exercise with KIM(P,S) 9am-Daily Bread/History(Cog,R,S) 300pm-Ball Toss (Cog,S,I)	25 8am-Color Sheets(S,Cog,I) 9am-Daily Bread/History(Cog,R,S) 300pm-Craft(S,Cog,I)	26 8am-Sittercise (Cog,S,I) 9am-Daily Bread/History(Cog,R,S) 300pm-Movie Day(S,Cog)	27 8am-Exercise with KIM(S,P) 9am-Daily Bread/History(Cog,R,S) 300pm-Lets Stretch(Cog,S,I)	28 8am-Ball Toss(S,Cog) 9am-Daily Bread/History(Cog,R,S) 300pm-Music Time(Cog,S,I) 6pm-T.v. Time(Cog,S,I)	29 10am-Walking Club(S,P) 11am-Daily Bread(Cog,R,S) 2pm-Ball Toss(S,P) 4pm-comedy shows
30 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-Bingo(Cog,S,I)	31 Total Hours for the week			MEMORY CARE		

