

January Assistant Living

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						HAPPY NEW YEARS!! 1 10am-Sit and Be Fit(S,P) 11am-Daily Bread(Cog,R,S) 1pm-Brian Bible Studies 2pm-Ball Toss(S,P)
2 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-Bingo(Cog,S,I)	3 9:30am-Exercise with Therapy(P,S) 11am- Daily Bread/History(Cog,R,S) 2pm-Windi for Activities(Cog,S,I)	4 10am-Color Sheets(Cr,S,Cog) 11am-Daily Bread/History(Cog,S,I) 2pm-Craft(S,Cog,I)	5 Shopping Day 10am-Coffee and Conversation(Cog,S,I) 11am-Daily Bread/History(Cog,R,S) 2pm-Movie Day(S,Cog)	6 9:30am-Exercise with Therapy(S,P) 11am-Daily Bread/History(Cog,R,S) 2pm-Bingo(Cog,S,I)	7 10am-Color Sheets(Cr,S,Cog) 11am-Daily Bread/History(Cog,R,S) 2pm-Music Time(Cog,S,I) 6pm-T.v. Time(Cog,S,I)	8 10am-Walking Club(S,P) 11am-Daily Bread(Cog,S,R) 1pm-Brian Bible Studies 3pm-Comedy Shows
9 10a- Worship(S,R) 1p- Church Service(S,R,Cog) 2p- BINGO(Cog,S,I)	10 Bingo Store 9:30am- Exercise with therapy(P,S) 11a- Daily Bread/History (Cog,R,S) 2p-Windi for Activities(Cog,S,I)	11 10a- Color Sheets(S,Cog,I) 11a- Daily Bread/History(Cog,R,S) 2p- Craft(s,cog,I)	12 Shopping Day 10a-Coffee and Conversation (Cog,S,I) 11am- Daily Bread/History(Cog,R,S,P) 2p- Movie Day(S,Cog)	13 Resident Council 9:30am-Exercise with Therapy(S,P) 11am- Daily Bread/History(Cog,R,S) 2p- Bingo(Cog,S,I)	14 10a- Ball Toss(S,Cog) 11a- Daily Bread/History(Cog,R,S) 2p-Music Time (Cog,S,I) 6pm-T.v. Time(Cog,S,I)	15 10a-Color(Cr,S,Cog) 11a- Daily Bread(Cog,R,S) 1pm-Brian Bible Studies 2p- Ball Toss(S,P)
16 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-Bingo(Cog,S,I)	17 9:30am-Exercise with Therapy(P,S) 11am- Daily Bread/History(Cog,R,S) 2pm-Windi for Activities(Cog,S,I)	18 10am-Color Sheets(S,Cog,I) 11am-Daily Bread/History(Cog,R,S) 2pm-Craft(S,Cog,I)	19 Shopping Day 10am-Coffee and Conversation(Cog,S,I) 11am-Daily Bread/History(Cog,R,S) 2pm-Movie Day(S,Cog)	20 9:30am-Exercise with Therapy(S,P) 11am-Daily Bread/History(Cog,R,S) 2pm-Bingo(Cog,S,I)	21 10am-Color Sheets(Cr,S,Cog) 11am-Daily Bread/History(Cog,R,S) 2pm-Music Time(Cog,S,I) 6pm-T.v.Time(Cog,S,I)	22 10am-Sit and Be Fit(S,P) 11am-Daily Bread(Cog,R,S) 1pm-Brain Bible Study 2pm-Comedy Shows
23 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-Bingo(Cog,S,I)	24 Winter Olympics 9:30am-Exercise with Therapy(P,S) 11am-Daily Bread/History(Cog,R,S) 2pm-Windi for Activities(Cog,S,I)	25 Winter Olympics 10am-Color Sheets(S,Cog,I) 11am-Daily Bread/History(Cog,R,S) 2pm-Craft(S,Cog,I)	26 Shopping Day 10am-Coffee and Conversation(Cog,S,I) 11am-Daily Bread/History(Cog,R,S) 2pm-Movie Day(S,Cog)	27 Winter Olympics 9:30am-Exercise with Therapy(S,P) 11am-Daily Bread/History(Cog,R,S) 2pm-Bingo(Cog,S,I)	28 Winter Olympics 10am-Ball Toss(S,Cog) 11am-Daily Bread/History(Cog,R,S) 2pm-Music Time(Cog,S,I) 6pm-T.v. Time(Cog,S,I)	29 10am-Walking Club(S,P) 11am-Daily Bread(Cog,R,S) 1pm-Brian Bible Study 2pm-Ball Toss(S,P)
30 10am-Worship(S,R) 11am-Church Service(S,R,Cog) 2pm-Bingo(Cog,S,I)	31	Total Hours for the week				