

Assisted Living Activities

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1pm- Church Service (S,R,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	2 10am- Sit and Be Fit (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	Park Day 3 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Ball Toss (S,P,Cog)	Shopping Day 4 10am- Dice Dash (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	5 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	6 10am- Sit & Be Fit (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Color (S,R,Cog) 7pm- Bible Study (S,R,I)	7 10am- Ball Toss (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Cornhole (S,P,Cog)
8 1pm- Church Service (S,R,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	9 10am- Dice Dash (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	Park Day 10 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Color (S,R,I)	Shopping Day 11 10am- Sit & Be Fit (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	Bingo Store 12 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	13 10am- Craft (Cr,Cog,Pr) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Color (S,Cr,Cog) 7pm- Bible Study (S,R,I)	14 10am- Card Games (S,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Color (S,Cog,Cr)
15 1pm- Worship and Praise (S,R) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	16 10am- Ball Toss (S,P,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	Park Day 17 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Sit & Be Fit (P,S)	Shopping Day 18 10am- Dice Dash (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	Resident Council 19 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	20 10am- Crossword (Cog, I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Card Games (S,Cog) 7pm- Bible Study (S,R,I)	21 10am- Ball Toss (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Color (S,Cr,Cog)
22 1pm- Worship and Praise(S,R) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	23 10am- Sit & Be Fit (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	Park Day 24 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Dice Dash (P,S)	Shopping Day 25 10am- Color (S,R,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	Bingo Store 26 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Movie (S,Se,I)	27 10am- Sudoku (Cog, S, Pr) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Card Games (S,Cog) 7pm- Bible Study (S,R,I)	Car Show 28 10am- Ball Toss (P,S) 11am- Walk and Daily Bread (Cog,R,S,P) 1-4pm- Car Show!!
29 1pm- Church Service (S,R,Cog) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	30 10am- Craft (Cr,Cog,Pr) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Bingo (Cog,S,I)	Birthday Party! 31 10am- Bingo (Cog,S,I) 11am- Walk and Daily Bread (Cog,R,S,P) 2pm- Birthday Party! (P,S)		Activity Codes Se- Sensory P- Physical R- Reflective IN- Involve Nature	Pr- Productive Cr- Creative Con- Contemplative O- Outdoor	Cog-Cognitive S- Social I- Intellectual

