

LET US DO THE COOKING

Perfectly-Balanced, Chef Prepared meals

For the week of October 29 - November 4



Breakfast

Sunday October 29	Monday October 30	Tuesday October 31	Wednesday November 1	Thursday November 2	Friday November 3	Saturday November 4
Breakfast each day includes assorted juice choice, Choice of hot or cold cereal.						
Egg Oatmeal Toast	Egg Ham Biscuit	Egg Toast	Egg Grits Toast	Egg Sausage Gravy w/ Biscuit	Egg Bacon Toast	Egg Oatmeal Pancakes

Lunch

Fresh Breads served daily with all meals.			Garnish used on all plates.			
Sliced Roast Beef w/ Gravy Mashed Potatoes Seasoned Carrots Fruit Crisp	Southwestern BBQ Chicken Garden Rice Summer Squash Fresh Fruit	Italian Casserole Toss Salad w/ Dressing Garlic Bread Peach Cup	Beef Tips w/ Gravy over Noodles Bean Medley Cream Pie	Swiss Steak Sour Cream Potatoes Lima Beans Pineapple w/ Cherry	Fried Fish Fillet Macaroni & Cheese Green Peas w/ Pearl Onions Hushpuppies Ice Cream	Chicken Casserole over Biscuit Fruit Cup Cookie

Dinner

Celery Soup Chicken & Dumplings Prince Edward Vegetables Cherry Cake w/ Icing	Corn Chowder Sloppy Joe on Bun Potato Wedges Coleslaw Applesauce Gelatin	Broccoli Soup Salmon Cake Baked Sweet Potato Spinach Baked Apples	Italian Bean Soup Turkey Tetrazzini Winter Mix Vegetables Fruit Cup Pistachio Delight	Tortellini Soup Chicken Nuggets w/ Dipping Sauce Grilled Potatoes California Vegetables Pudding Parfait	Clam Chowder Deli Sandwich w/ Lettuce & Tomato Chips Pickles S'mores Brownie	Soup of the Day Riblette O'Brein Potatoes Capri Vegetables Mandarin Oranges
---	--	---	---	---	---	--



Alternate Menu
Available at
Lunch & Dinner
Meals

