

LET US DO THE COOKING

Perfectly-Balanced, Chef Prepared meals

For the week of November 12 - November 18



Breakfast

Sunday November 12	Monday November 13	Tuesday November 14	Wednesday November 15	Thursday November 16	Friday November 17	Saturday November 18
Breakfast each day includes assorted juice choice, Choice of hot or cold cereal.						
Egg Oatmeal Toast	Egg Ham Biscuit	Egg Toast	Egg Grits Toast	Egg Sausage Gravy w/ Biscuit	Egg Bacon Toast	Egg Oatmeal English Muffins

Lunch

Fresh Breads served daily with all meals.				Garnish used on all plates.		
Honey Mustard Chicken Parmesan Red Potatoes Southern Green Beans Pie of the Day	Pizza Casserole Tossed Salad w/ Dressing Garlic Bread Pears w/ Cherry	Hamburger on Bun w/ Lettuce Sliced Tomato Sliced Onion Pickle Potato Wedges Peach Cup	Chicken Fajitas w/ Onions, Peppers, Tomatoes & Cheese Mexican Rice Salsa & Sour Cream Tapioca Pudding	Glazed Meatloaf w/ Sauce Mashed Potatoes Green Peas Mandarin Oranges	Breaded Shrimp Macaroni & Cheese Lemon Pepper Zucchini Squash Fresh Fruit	Kielbasa w/ Onions & Peppers Wild Rice Corn Sherbet

Dinner

Lentil Soup Swedish Meatballs Parsley Noodles Broccoli Casserole Orange Cake w/ Icing	Creole Soup Ham & Swiss on Wheat Bread w/ Lettuce & Tomato Macaroni Salad Ice Cream	Country Breakfast for Dinner Eggs Bacon Hash Browns Biscuit Baked Apples	Tortellini Soup BBQ Riblette on Bun w/ Pickles Grilled Potatoes Succotash Pineapple Cup	Potato Bacon Soup Chili Beans Cornbread Fruit Cup Lemon Delight Cake w/ Icing	Clam Chowder Chicken Fillet on Bun w/ Lettuce & Tomato Pasta Salad Red Cinnamon Applesauce	Soup of the Day Crab Cake Au Gratin Potatoes Lima Beans Mixed Fruit
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Alternate Menu
Available at
Lunch & Dinner
Meals

